The 100 Trees Initiative takes root

By Rennie Gaither
News analysis

Visitors to the kickoff of the Creative Enterprise Zone's Chroma Zone Mural and Art Festival this spring may have noticed a new project launching amidst the murals and festival activities: The building of three community gravel bed tree nurseries.

Volunteers from St. Anthony Park Community Council’s Environment Committee and the CEZ rolled up their sleeves, grabbed shovels and pitched in to help build out the nurseries that will grow 100 trees to be planted in boulevards in south St Anthony Park this fall.

The bed build was an important first step for the 100 Trees Initiative, which was developed by CEZ vice chairman Ben Shardlow, and shaped by input from the environment committee and other partners. The goal of the project is to expand the future tree canopy in south Saint Anthony Park using gravel bed nurseries, an established best practice for community tree projects pioneered by the University of Minnesota.

By installing relatively inexpensive bare root tree stock in gravel beds in the spring, and watering them through the growing season, the trees develop fine root structures that help them get established and thrive before they are planted in the fall. Using bare root stock saves money, and the root growth offers dramatic long-term tree growth benefits compared with container-grown.

Shardlow and his wife Kristin shepherded the day’s tasks as the gravel beds were made, providing tools, encouragement and much-relished refreshments to volunteers enduring arduous 90-degree heat to load scores of wheelbarrows full of pea gravel.

Undaunted, District 12 Environment Committee volunteers Michael Russelle, Manu and Clara Junemann, Mohit Kumar, Caroline Gaither and myself and several others completed the task in less than four hours. The team took pride in knowing our work will help reduce the urban heat island effect due to climate change and will improve air and water quality—something bountiful, established tree canopies can provide.

Since that hot day in late May, project leaders and volunteers have continued working on installing the trees and irrigation systems, and preparing for a big community planting day this fall.

The CEZ has worked on the logistics and relationships to make the project work. For the trees, Bailey Nursery graciously donated the bare root stock. For the sites, CEZ Executive Director Angela Casselton recruited commercial property owners to host the beds and provide water as in-kind sponsors. These site hosts include Landbridge Ecological, Deneen Pottery, Bang Brewing, Spotweld and Exeter Group.

Landbridge Ecological has also provided technical assistance and logistical support for the project. Other advisors have included Davey Tree and the University of Minnesota.

A frightful time at the Minnesota State Fair

By Scott Carlson

For more than 35 years, Debbie Kohnen has considered her family’s amusement attraction at the Minnesota State Fair a success if it has frightened the daylights out of you.

“We love to scare people,” Kohnen said in all seriousness. “And some people get more scared than the kids.”

That’s just what you would expect to hear from a woman who has been a perennial ticket booth worker at the Haunted House since her father Robert Kohnen and a business partner bought the Haunted House.

The Haunted House is owned by sisters Debbie Kohnen and Michelle Lawrence, both Como Park area residents. Photo courtesy of the Minnesota State Fair.
Como and St. Anthony Park community councils news

District 12 Community Council

District 12 committees discuss a variety of issues at their monthly meetings. In July, committees heard neighbors’ concerns about proposed traffic changes on Highway 280 and implemented new design standards to encourage developers and city leaders to create spaces that will contribute to the vibrancy and livability of the neighborhood.

Visit the District 12 website at sapcc.org to learn more. Join future conversations by emailing jessica@sapcc.org for meeting links.

Proposed Highway 280 changes draw fire

Dozens of neighbors voiced their concerns over proposed Highway 280 traffic changes at St. Anthony Park Community Council’s Transportation Committee meeting on June 29.

Staff for the Minnesota Department of Transportation presented the results of their studies on observed speed and crash data near the turn signal at Broadway on Highway 280. Community members spoke in opposition to removing the speed limit from 55 to 60 mph on the highway.

The Transportation Committee—and since then the District 12 Community Council executive committee—voted to notify the Metropolitan Council that it opposes funding to remove the traffic signal.

District 12 has already informed MnDOT that it opposes potentially raising Highway 280’s speed limit. MnDOT staff said no decision on that issue will be made until fall or early 2022.

To participate in future conversations regarding Highway 280 or other transportation issues affecting the St. Anthony Park community, join the next Transportation Committee meeting at 7 p.m. on Aug. 31. All meetings are open to the public.

Land Use Committee implements Unified Design Standards

In July, the Land Use Committee implemented new Unified Design Standards that are meant to encourage developers and city leaders to put a priority on affordable housing, sustainable design, economic development of small businesses and public green space.

The committee uses those standards as it interacts with local developers to create community spaces that will thrive in St. Anthony Park and contribute to the vibrancy and livability of the neighborhood.

In June, the Land Use Committee worked with local businesses as they promoted events such as the July tasting held at Studio Distilling and discussed plans for new community creative art spaces.

If you are interested in art, design, trees, equity, land use or community building, please join the conversation! The St. Anthony Park Community Council’s Land Use Committee meets on the first Thursday of each month at 7 p.m.

SAPCC August meetings

• Equity Committee: 5:30 p.m., Monday, Aug. 30
• Land Use Committee: 7 p.m., Thursday, Sept. 2
• Board Meeting: 7 p.m., Thursday, Aug. 12
• Transportation Committee: 7 p.m., Tuesday, Aug. 31
• Environment Committee: 7 p.m., Wednesday, Aug. 25

All meetings are hosted via Zoom. Meeting times are subject to change. If you want to attend a meeting or have questions about joining a committee, please email Kathryn at kathryn@sapcc.org for the link.

Submitted by Jessica Willman, District 12 community organizer.

District 10 Community Council

New Como Park steward program

The Como Park Steward Program began in July, providing a great opportunity for individuals, families, schools, churches, clubs and others to volunteer and give back and help keep our regional treasure welcoming for everyone.

You can choose an area on the Como Steward Program map to adopt and care for. Pick your favorite area to walk, run or bike or that you have a special connection to, even in memory of someone special.

To participate as a steward, there is an annual volunteer commitment and you will participate through ongoing cleanup, working with the city departments to report tree and natural damage, graffiti, safety and other concerns.

Check the District 10 website (www.district10comopark.org) for more information about how to sign up.

Citywide drop-off event returns

The District 10 Community Council will once again partner with the City of St. Paul to organize a citywide drop-off event from 8 a.m. to 5 p.m., Sept. 18, at the State Fairgrounds for residents to properly dispose of large refuse items and recyclable materials not collected via the regular residential recycling program.

The list of accepted items has changed for the 2021 drop-off. Paper shredding and cardboard will be accepted at no charge. Cash or checks will be accepted for electronics ($5-$25), appliances ($50-$250), mattresses and box springs ($5 each). No trash, furniture, building materials, concrete, scrap metal, small engines or bikes will be accepted.

There will also be an opportunity to donate non-perishable food items.

District 10 is looking for community members to volunteer for the event. If you’re interested, email district10@district10comopark.org or call 651-644-3889.

Upcoming District 10 meetings

Renters, homeowners and other community members are always welcome to participate in District 10’s board and committee meetings. You can join either by video conference or by phone.

To obtain links or other access information, send a request by email to district10@district10comopark.org or call 651-644-3889.

• Neighborhood Relations: Tuesday, Aug. 3
• Environment: Wednesday, Aug. 11
• Board meeting: Tuesday, Aug. 17
• Anti-Racism Work Group: Wednesday, Aug. 25
• Land Use: Wednesday, Sept. 1

All meetings begin at 7 p.m. When possible, agendas and other relevant documents are posted in advance in the “Board News” section of District 10’s website: www.district10comopark.org.

Submitted by Shevek McKee, District 10 Como Community Council executive director.

TIMOTHY FULLER
Design, at home in the neighborhood
New Homes Additions Alterations
Transformations

651.485.9277

Saint Anthony Park Area Seniors

Summer Music

• Barbara Burk, a folk-song writer and performer, will share an online Guitar concert on Monday, August 16 at 10 am.

• Dave Lee and Tim Smith, local musicians who are engaging the community through popular music, will share an online concert on Monday, August 30 at 10 am.

Contact us to get the Zoom links.

www.sapaseniors.org | 651.642.9052
By Eric Erickson

Although the 2020-21 school year is over, several Como Senior High School students have achieved more honors this summer. Here is a news update:

**JROTC team to D.C.**

The JROTC (Junior Reserve Officer Training Corps) academic team composed of Jesiah Mason, Sophia Moore, Kimberly Sanchez-Mendez, and team captain Alex Le were to travel to Washington, D.C., to compete in the JROTC Leadership and Academic Bowl Championship. The JLAB championship event, conducted by the College Options Foundation, was scheduled to be held on the campus of The Catholic University of America from July 23 to 27.

Through preliminary rounds of competition this past school year that included 91 teams, Como’s cadets advanced to be one of only eight qualifiers for the finals and won an all-expenses-paid trip to the nation’s capital. The cadets are tested on their knowledge of core curriculum such as math, science and language arts, as well as current events, citizenship and leadership skills. JLAB promotes the values of education, service and college opportunity while allowing students to demonstrate their leadership and academic abilities.

**Fairbanks’ History Day project**

Como student Taylor Fairbanks produced a well researched History Day project involving her heritage. What she started in St. Paul ended up being showcased by the Smithsonian National Museum of American History.

Taylor’s exhibit involved the White Earth Land Settlement Agreement in 1985. It advanced through school, regional and state competitions to reach National History Day. From that elite group of national qualifiers, Taylor’s project was selected to be Minnesota’s representative in the Smithsonian Learning Lab, a virtual showcase of 51 premier exhibits reflecting this year’s theme, “Communication in History.”

In a press release, Smithsonian American History Museum Director Anthea M. Hartig said, “We are excited and grateful to recognize the impressive work of these young scholars, and share it across our national network. Their work helps tell the complicated, difficult, and beautiful stories of the United States.”
From the Desk of the Editor

By Scott Carlson

Changed by COVID-19

When I recently went through the drive-through line of a local fast-food restaurant to get lunch for my wife and myself, I never imagined I would have to wait nearly a half hour to place my order. Not an exaggeration. There were four cars ahead of me in line and the driver at the order window seemed like he was stuck for an eternity before he got to place his order and moved to the takeout window.

I had no idea how long it would take me to get to the order board. So, I shut off my car and placed it park.

Oh, finally a driver in another car moved forward to place their order. I started up my car and moved forward.

Another long day: Turn off my car and wait.

Only two drivers ahead me now. Wait. Turn off my car and wait again.

After I repeated this process again, I finally made it to the order microphones board.

“How could things be moving this slowly,” I thought to myself. I felt like cursing but held my tongue when the young cashier apologized for the long wait.

I finally placed my order, then waited for the line to move again so I could pay for my food and actually get it.

Again, when I reached the food window, another apology; this time from a second kid who actually handed me my food and drink.

“Well, maybe someone didn’t show up for work,” I thought to myself. “Maybe the staff is just short-handed. Maybe they are getting a lot more business than they expected. Maybe they are getting slammed. Maybe it’s just been one of those tough days.”

Rather than getting all bent out of shape, I tried to be more understanding of what was happening to other people. I have been thinking that way since we all have endured the challenges of living through the pandemic and seeing so many people get gravely sick and many of them dying. More than 600,000 Americans in the past 18 months.

That’s how the pandemic has changed me. Now, more than ever, I strive to see the world through other people’s eyes. Not because it makes me feel good. Rather, I believe it’s just the right thing to do.

During the darkest days of the pandemic, I had plenty of time to think about how I spend my time and what I am doing. For many months, I was not able to worship at my church. I could not go to my athletic clubs. And then, I could not visit my mother in the nursing home.

I lost my mother to COVID-19. I also saw scores of other people, some known to me and thousands I did not know, succumb to this pernicious disease.

Along the way, millions of essential workers—from doctors, nurses and ambulance drivers to janitors, delivery drivers, food workers and police officers—put their lives on the line to serve me and our fellow citizens. Teachers, parents and students have all adapted with changed schedules, virtual meetings to carry on education. You name it, we have all been affected by the pandemic.

A host of fun activities and celebrations, like the 2020 4th in the Park Parade, got canceled or were greatly curtailed.

So, this Fourth of July was so sweet when the 4th in the Park Committee was able to hold an in-person parade, albeit smaller than the usual ones but still joyfully celebrated by parade participants, including me and group from the Bugle, and spectators alike.

So, at the end of the day, I am focusing on enjoying more of the little things in life and endeavoring not to sweat the small annoyances or disappointments. I pray we can continue on to the road to recovery, that there will not be new surge of COVID-19 that shuts us down.

How about you? How has the pandemic changed your outlook on life? What have you done that was different from the “old normal”?

Please share your thoughts. I will be looking to see how normal is looking to you these days. Send your thoughts to editor@parkbugle.org.

— Scott Carlson

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Considering Native Americans

Over the last month, we have watched in horror as the unmarked graves of murdered Native American children have been discovered at former boarding school sites. With each discovery we are reminded of the lives destroyed, the families torn apart and the systemic effort to wipe out Native American culture across North America.

If anything, these discoveries will hopefully bring this horrific history back to the forefront so that we can teach our children an accurate picture of the history of this land.

Without an honest understanding of history, we are destined to repeat the sins of our forefathers. As William Shakespeare once wrote, “What’s past is prologue.”

The unfortunate reality is while there are no more Native American boarding schools, we as a society continue to marginalize and set in motion the destruction of our Native American neighbors and their communities. In fact, by almost any measure, it is clear that our Native American neighbors continue to be systematically oppressed.

How is this currently happening? The examples are too long to list so let’s focus on one recent example. A great deal of press and discussion has occurred recently about the ongoing effort to build Enbridge’s Line 3. Most already know that Line 3 will transport Canadian oil through Minnesota to be sold across the globe to the benefit of the Enbridge corporation.

What many don’t know (or would rather pretend not to know) is this: Line 3 will literally barrel through sovereign Indigenous nations and in doing so will put those Native communities at risk. Line 3 will and is already putting massive amounts of groundwater at risk and in doing so threatens the health and way of life for many Native American people.

Line 3 construction continues to spurn the face of Native American treaty rights and effective reminds us all that our Native neighbors are still treated as second-class citizens. Line 3 construction shows that in spite of massive climate damage the oil it carries will bring, nothing gets in the way of money.

So, as elected officials from the governor on down to city council members shake their heads at the recent discoveries of Native American dead, they must be reminded that in a very real sense we continue to destroy the Native American community. We may no longer have boarding schools, we may no longer open take away a child’s native language. But we do continue to make policy decisions that openly harm too many.

We must all understand our horrific history and demand that we stop injuring our Native American neighbors.

If our elected leaders want to embrace our Native communities, they can stand against Line 3. If we want to stand with our Native neighbors, we can tell those leaders that we demand nothing less of them.

Tom Lucy
Como Park
Street improvements planned near Falcon Heights Elementary

By Judy Woodward

The city of Falcon Heights has begun planning street repairs and sidewalk installation on Garden Avenue for the summer of 2023.

The project area extends between Snelling and Hamline avenues, including the stretch in front of Falcon Heights Elementary School.

The City Council heard preliminary proposals for the project at its July 7 work session. Informational meetings will begin in August or September and stretch into 2022.

That doesn't mean sidewalks will have to be installed. But since 2015, state rules concerning street widths have been relaxed, and sketches presented to the council on July 7 show narrower roadways that carve out space for sidewalks while leaving a car length available in a typical driveway.

Thongvahn said that although the presence of the elementary school is one important factor in considering putting down sidewalks, there are also other reasons to install them. He said other factors include the proposed reduction of the city's speed limits on neighborhood streets and alignment with the city's long-range, safe streets goals.

Thongvahn said the proposed project costs would be partly covered by assessments to properties along Garden Avenue that would come after an assessment hearing.

By Anne Holzman

Anne Holzman is a Bugle freelance writer who covers Falcon Heights and Lauderdale government news.

Hundreds of free shows, concerts at State Fair

The Minnesota State Fair will offer more than 900 free shows, concerts and acts when the Great Minnesota Get-Together commences its 12-day run on Aug. 26.

Some of the most notable free shows (with a paid admission to the Fair) will take place evenings at the Fair’s Leinie Lodge Bandshell. Here is the schedule:

- **Aug. 26 & 27**: DSL Dire Straits Legacy at 8:30 pm
- **Aug. 28 & 29**: Sister Sledge at 8:30 pm
- **Aug. 30 & 31**: The Legendary Wailers at 8:30 pm
- **Sept. 1 & 2**: Aaron Tippin, Sammy Kershaw and Collin Raye at 8:30 pm
- **Sept. 3 & 4**: Roots & Boots featuring Aaron Tippin at 8:30 pm
- **Sept. 5 & 6**: Yam Haus at 7:30 pm

Meanwhile, here is a link to other State Fair information: https://www.mnstatefair.org/deals-and-discounts/

**ASK THE LIBRARIAN**

Q: How likely is it that a really big earthquake will hit Minnesota? A: It’s quite unlikely. According to scientists at the University of Minnesota, “Minnesota has one of the lowest occurrence levels of earthquakes in the United States, but a total of 20 small to moderate earthquakes in the United States, along the 120-mile fault in Missouri produced a series of three gigantic earthquakes in late 1811 to early 1812. The American heartland was very lightly set off, with damage closer to the epicenter in Missouri. The destruction closer to the epicenter in Missouri was overwhelming and the shaking was felt as far away as the East Coast. Could another New Madrid earthquake be coming up? Possibly. The U.S. Geological Survey has forecast a 7%–10% probability for an earthquake of 7.5 to 8.0 magnitude along the 120-mile fault within the next 50 years. (Sources: Internet resources including the website of the Minnesota Geological Survey: https://cse.umn.edu/ims/geohazards)
Steve DeBoer hitting his stride with running streak

By Cigale Ahlquist

When Steve DeBoer crossed the finish line in Langford Park's Fourth of July race last month, he was mere blocks from his boyhood home on Raymond Avenue in St. Anthony Park.

But running has taken him so much farther.

Not long after taking up the sport as a high school freshman in 1968 to get in shape for basketball, DeBoer focused on running.

Since 1971, he has logged at least a mile for what is now more than 18,000 consecutive days.

By July 4, it was at 18,291 days and counting, good for third place on the national registry for running every day for 20 years. Minnesota has had the most streak stretches and does 100 pushups every day.

“Continuing to run daily requires some good luck as well as determination,” he said. “I was fortunate to keep going.”

What’s next for DeBoer, who has two long-term goals? His other goal: To run a marathon of any state for most of the past 50 years (235 people currently hold this record), he said, “and that St. Paul had the most of any city in the 1970s and 1980s.” Back then, four were from St. Anthony Park.

“I was the second person from Minnesota to run daily for at least one year, my brother Dave was third, John Magnuson was sixth and Dad was seventh,” said DeBoer, noting that his father, Wendell, who died in 2014, was also the first person to run daily into his 50s, 60s and 80s.

The Langford Park race is a family reunion of sorts for the DeBoers.

He and his brothers Dave and Bob were the only three participants who ran the Langford race this year who did the first one in 1974, DeBoer said. He has run it 43 of the 47 times it has been held. Dave has done 42 and Bob 33.

Wendell last ran the Langford race, his 35rd time at the event, in 2012 at the age of 88.

DeBoer, who served two years in the Peace Corps after earning a degree in food science and nutrition from the University of Minnesota, estimates he has run 800 road races. His usual routine to maintain race shape: running six days a week in his neighborhood, with a longer run of 15 to 20 miles on Saturdays.

His best finish at 26.2 miles was 2 hours, 42 minutes in the 1989 Twin Cities Marathon. He has qualified before for the Boston Marathon and hopes to run it for the first time this October.

“In my early 20s, I was running 3,000 miles a year,” said DeBoer, who runs shirtless in temperatures above freezing. “My highest mileage year was 2006—13,945 miles.”

Building on his running streak has not been without setbacks. DeBoer said, including, at various times, a kidney stone, a broken ankle (he used a walking boot and pain meds to keep going) and double pneumonia.

“Continuing to run daily requires some good luck as well as determination,” he said. “I was fortunate to keep going.”

What’s next for DeBoer, who has no plans to stop his streak? He has two long-term goals:

• Run the distance to the moon (which at its closest to Earth is about 236,000 miles). As of the end of June, DeBoer had run about 174,000 miles, meaning he has 42,000 miles to go. “If it happens, it’ll be after I’m 80 years old,” he said. “God willing, I’ll give it a try.”

• His other goal: To run a marathon at age 90.

Steve DeBoer’s book “Traversing the Tundra” can be purchased at tinyurl.com/SteveDeBoerBook.

Cigale Ahlquist is a Twin Cities freelance writer who is a regular contributor to the Bugle.
**BOOKS PREVIEW**

**Winding down summer with hot new books**

by Sue Costello of Winding Trail Books

This month brings us some interesting books as we begin to wind down the summer season. Whether looking for a mystery such as “Songbirds” by Christy Leffler on a memoir such as "The Prisoner: A Memoir" by Hwang Sok-yong, there are plenty of new titles to consider.

“The Prisoner: A Memoir” by Hwang Sok-yong (Publish date: 8/3/21)

Author Hwang Sok-yong is the recipient of the highest literary prizes in Korea and across europe. This is the story of how in 1993 he was sentenced to five years in the Seoul detention center when he returned to South Korea from North Korea after fleeing with his family as a child at the start of the Korean War. He moves between his life as a boy, a young activist, a soldier, a writer and his imprisonment in this memoir.

“Songbirds” by Christy Leffler, author of “The Keeper of Allepo” (Publish date: 8/3/21)

This is a stunning novel about a nanny from Sri Lanka who is living on the island of Cypress and working for a wealthy widow. One evening she vanishes and the police presume she is a runaway domestic worker. Her employer undertakes the investigation herself and is pulled into the darker side of a migrant’s life where they are vulnerable. This book was inspired by the real-life disappearance of domestic workers in Cyprus.

“Not Dead Yet: Rebooting Your Life after 50” by Barbara Ballinger (Publish date: 8/11/21)

In this self-help book, the award-winning journalist and author writes about ways to live fully and happily later in life by using personal experience, humor and anecdotes.

“Meet Me at the Summit” by Man-di Lynn (Publish date: 8/31/21)

Lynn published her first novel when she was 17. In this young adults novel, Mandi, now 25, tells the story of Marly who lost her parents in a car accident. It is a tale of her grief and how she finally deals with it after she takes her mom’s renovated 1978 VW bus from Washington to New Hampshire.

“Indiana Bones” by Harry Heape with illustrator Rebecca Bagley (Publish date: 8/30/21)

For children ages 8 to 12, this is the illustrated fictional story of Indiana Bones, a shaggy dog with superpowers, and Aisha, his 12-year-old owner and friend. Join them on their first case where their adventure takes them to Egypt and the Pyramids.

“Super Turbo Protects the World (4)” by Edgar Powers (Publish date: 8/3/21)

This fiction story for kids ages 5 to 9, is the fourth of the Super Turbo graphic novel series.

100 Trees from p. 1

Minnesota Urban Forestry Outreach & Research Lab. Transition Town All Saint Anthony Park helped raise awareness and recruit volunteers. All of these partners have been essential in helping this project take root.

Although many individuals and groups dream of planting trees in south St. Anthony Park, it was the Strategic Renewal meeting of the St. Anthony Park Community Foundation in February that was the Strategic Renewal meeting.

Along with the tree nursery build, the District 12 Environment Committee hopes to play a supportive, advisory role in the 100 Trees Initiative, as well as to help organize volunteers for the project’s tree plantings in the fall.

Ultimately, the success of the 100 Trees Initiative depends on community support and the CEZ is recruiting sponsors for individual trees to defray project costs.

A $50 tax-deductible donation equals sponsorship of one tree. Sponsors will be able to dedicate their trees to someone they care about on custom tree tags that will follow the trees from the gravel beds to their future homes in a neighborhood boulevard. CEZ is also recruiting volunteers to help plant the trees in neighborhood boulevards this fall.

For both opportunities, and to learn more about the project, visit: https://creativeenterprizezone.org/trees. Check out the latest St. Anthony Park Community Council news and events at https://sapcc.org.

Rennie Gaither is a member of St. Anthony Park Community Council’s Environment Committee.

“Tomatoes for Neela” by Padma Lakshmi, illustrator Jana Martinek-Neal (Publish date: 8/31/21)

This is a picture book for kids ages 3 to 7. Padma Lakshmi is the creator and host of ‘Taste the Nation’ on Hulu and executive producer of Top Chef on Bravo. Drawing from some of her fondest memories from childhood when she cooked with the women in her family, she has written “Tomatoes for Neela.”

Sue Costello and Rick Gatlin are owners of Winding Trail Books, an independent book and gift store in St. Anthony Park’s Milton Square. For information on these and other books at Winding Trail Books go to: http://windingtrailbooks.com

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New 'normal' temperatures signal more climate change

By Mike Lukes

This past June was hotter than normal in Minnesota by about 7 degrees, meteorologists reported this summer.

But what's considered normal for temperature, precipitation and other weather events and who decides?

In fact, “climate normals” are yardsticks that are recalibrat­ed every decade by the National Oceanographic and Atmospher­ic Administration, averaging the data from the previous 30 years. This spring, NOAA released its new climate normals, and the news is unsettling, though not surprising.

For the lower 48 states, the new normal temperature from 1991 to 2020 clocked in at 53.3 degrees or about 0.5 degree warmer than the previous, overlapping period (1981–2010).

Half a degree of warming might not seem like much over 10 years, but the tell is in the ac­celerating trend. In the 125 years of record-keeping since 1895, the warming trend averages to 0.16 degree per decade overall. Half a degree is triple that average rate.

One key point about climate normals is that we are using the past 30 years to represent the pres­ent, essentially looking in the rear­view mirror. So, our buy­in should be cautious, because a fast chang­ing present makes past bench­marks less relevant.

Still, the decade based system is valuable. It improves our un­derstanding of the earth’s climate system, models how it works and documents our steady march to warm­ness. Let’s use that evidence as far as possible, but not forever.

Twin Cities ‘normal’ temperatures

For the Twin Cities, our new “nor­mal” annual average temperature is 46.9 degrees, most of that increase is on the low end. Our average low is now 38.4 degrees (up 1.1 degrees) while our average high is 55.4 de­grees (up just 0.1 degree).

Let’s look at our changes by sea­son. Our average temperature has risen by 1.0 degree in winter but by only 0.6 degree in summer. And most of that warming is from high­er minimums, with winter lows rising by 1.4 degrees and summer lows by 1.2 degrees.

At the other end of the scale, the winter highs increased by only 0.3 degree and the summer highs by 0.1 degree. A few obvious re­sults: Hotter summer nights; less win­ter­kill for plants (as hardiness zones creep north), but also fewer pests killed by the cold; and less consistent snow cover with more freeze-thaw cycles.

This pattern—especially the rising minimums—is not surpris­ing to climate scientists. With the steady rise in man­made carbon dioxide (CO2), we see the steady warming of the earth’s atmosphere. Heated air holds more moisture as water vapor. Like carbon dioxide and methane, water vapor is a heat trap­ping gas, and it effectively dou­bles the heat holding power of car­bon dioxide alone. Since the earth loses most of its heat at night, the moister nighttime air reduces its heat loss to space, especially during long winter nights.

What about precipitation?
The climate normals also include rain and snow. Despite this year’s dryness, our average annual precip­i­tation is up by 1.10 inches in winter, 0.39 inches in summer.

Another consequence of warmer, moister air is that dri­er areas tend to become drier and wet areas wetter. With more evaporation in our arid regions, there is higher risk of persistent droughts, wildfires and crop fail­ures. With more rain and snow falling in our humid regions, there is a greater risk of more intense, mega­rain dumps leading to more record floods.

This past June was hotter than normal in Minnesota by about 7 degrees, meteorologists reported this summer.

But what's considered normal for temperature, precipitation and other weather events and who decides?

In fact, “climate normals” are yardsticks that are recalibrat­ed every decade by the National Oceanographic and Atmospher­ic Administration, averaging the data from the previous 30 years. This spring, NOAA released its new climate normals, and the news is unsettling, though not surprising.

For the lower 48 states, the new normal temperature from 1991 to 2020 clocked in at 53.3 degrees or about 0.5 degree warmer than the previous, overlapping period (1981–2010).

Half a degree of warming might not seem like much over 10 years, but the tell is in the ac­celerating trend. In the 125 years of record-keeping since 1895, the warming trend averages to 0.16 degree per decade overall. Half a degree is triple that average rate.

One key point about climate normals is that we are using the past 30 years to represent the pres­ent, essentially looking in the rear­view mirror. So, our buy­in should be cautious, because a fast chang­ing present makes past bench­marks less relevant.

Still, the decade based system is valuable. It improves our un­derstanding of the earth’s climate system, models how it works and documents our steady march to warm­ness. Let’s use that evidence as far as possible, but not forever.

Twin Cities ‘normal’ temperatures

For the Twin Cities, our new “nor­mal” annual average temperature is 46.9 degrees, most of that increase is on the low end. Our average low is now 38.4 degrees (up 1.1 degrees) while our average high is 55.4 de­grees (up just 0.1 degree).

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About the data

U.S. climate normals are constructed using daily data from more than 15,000 observation points, from volunteer sites to automated weather stations throughout the country. Find climate data for various sites and cities here:

- NOAA’s National Centers for Environmental Information: www.ncll.noaa.gov/products/us-climate-normals
- Minnesota Department of Natural Resources, Climate Office: www.dnr.state.mn.us/climate/summaries_and_publications/index.html

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Mike Lukes served in the Navy as a geophysical officer and has worked for the National Weather Service as its upper-air test manager and as a weather service meteorologist from Florida State University. He has seen the earth’s carbon dioxide rise by 32 percent (+107 parts per million) in his life­time. Now retired, he lives in St. Anthony Park.
It’s ba-ba-bottle feeding time for Blaze!

By Sarah CR Clark

Park Service on Como Avenue in St. Anthony Park was busy with more than just automobiles on Friday, June 25. “Blaze,” a five-week-old American Blackbelly hair sheep, spent the day charming mechanics, customers and anyone who happened to walk by.

Paul Hueg, a mechanic at Park Service, currently has 33 sheep. After birthing triplets, two of which didn’t survive, Blaze’s mother rejected the lamb. Therefore, according to Hueg, Blaze must be bottle fed multiple times throughout the day.

To manage that intense feeding schedule that day in June, Hueg settled Blaze into a dog kennel, packed up some sheep formula and baby bottles, loaded everything into his pick-up truck and came to work.

“If I worked in an office, this probably wouldn’t work very well,” Hueg laughed. “But, my truck is parked by the back door. He (Blaze) ran around a little before work and during lunch. He’s fine. He knows how to watch out and we all watch out for him. As long as he doesn’t take me away from work, we’re good.”

During the short time it took to interview Hueg for this article, no less than seven people stopped to admire Blaze. After another bottle and lamb-nap, Hueg was planning to walk him down to the bank later that afternoon.

Fellow mechanic Aaron Jahnke said, smiling, “Blaze is a nice addition to the shop. We like him around here.”

When Blaze is not visiting Park Service, he spends his days running around and playing with Hueg’s 19 other lambs.

In addition to American Blackbelly sheep (and a few cats and dogs), Hueg also keeps Painted Desert sheep at his Sunset Elk Ranch, which is in Hammond, Wis. (Hueg’s namesake elk have been absent for a few years now.)

Later update to Blaze’s story: Blaze was adopted on July 4th to a farm in Iowa to keep its existing American Blackbelly lamb company. “Blaze got his independence on July 4th too!” Hueg joked.

Hueg’s animals are featured in a 14-minute YouTube video called “Whisker Woods Elk Adventure.” More information about American Blackbelly hair sheep can be found in that video. Here is the link: https://www.youtube.com/watch?v=aYQNTvNhQsE.

Sarah CR Clark lives in St. Anthony Park and is a regular freelance writer for the Bugle.
Women’s Drum Center at State Fair

drumHeart, the premiere ensemble of the Women’s Drum Center, 2242 University Ave, will perform in the Minnesota State Fair Parade at 2 p.m. Aug 28 and 29. Led by Alex Connnett, drumHeart has delivered powerful drum music for community fundraisers, walks and runs. Their repertoire includes original songs composed for the group, traditional West African music and songs that feature African xylophone and adinkra (African gourds traditionally played by women).

Seniors activities

The St. Anthony Park Area Seniors is planning virtual “lunch bunch” sessions from noon to 1 p.m. on Aug. 4 and 18. Other virtual activities planned in August include:

- Guitar concert with Dave Lee Monday, Aug. 16, 10 a.m. (call office for connection instructions)
- Concert with Dave Lee and Tim Smith Monday, Aug. 30, 10 a.m. (call office for connection instructions)

In addition, the Caregiver and Bereavement support groups continue to meet the first Thursday of the month from 10 to 11:30 a.m. on Zoom.

For further details on registering for the lunch sessions or any of the other activities, please call the seniors office at 651-642-9052.

Evening outdoor movie

There will be a free outdoor showing of the movie “Raya and the Last Dragon” at approximately 8:45 p.m. on Aug. 13 at Langford Recreation Center, 30 Langford Park.

The recreation center’s building is open 1 to 8 p.m., Mondays through Thursdays, and 1 to 6 p.m., Fridays. For further information on recreation center events and activities go to https://www.stpaul.gov/departments/parks-and-recreation/recreation-centers.

New Schubert Club’s ‘Music in the Park’ season

The Schubert Club’s “Music in the Park” season for 2021-2022 at St. Anthony Park United Church of Christ kicks off with a concert from the Dover Quartet with baritone Darvone Tines at 4 p.m. on Nov. 21. The Music in the Park series, a distinctive audience favorite, was founded in 1979 by Artistic Director Emerita Julie Himmelstrup. The series presents chamber music concerts at the acoustically superb St. Anthony Park United Church of Christ, home to the series since its beginning.

2021-2022 season features several concerts by ensembles and artists whose performances were originally scheduled in early 2020, but were canceled due to the pandemic. Other concerts are:

- Violinist Susie Park and pianist Benjamin Hochman Sunday, Jan. 23, 2022
- Inani Winds Sunday, Feb. 27, 2022
- Pavel Haas Quartet Sunday, March 20, 2022
- Catalyst Quartet Sunday, April 24, 2022

All concerts are scheduled to begin at 4 p.m.

Luther Seminary appointment

Luther Seminary has named Jon V. Anderson, who is concluding his term as bishop of the Southwestern Minnesota Synod of the Evangelical Lutheran Church in America, as director of its rural ministry. Anderson, who starts his new post on Sept. 20, will be responsible for deepening and widening the Seminary’s rural ministry efforts in its academic programs and resources to pastoral and lay leaders.

Seeking Bush Fellows

Do you have a vision to impact your community in a big way? The Bush Foundation is accepting applications from Aug. 10 through Sept. 9 for its fellowship program for the 2022 Bush Fellowship year. For further information go to http://bushfoundation.org.

School News from p. 3

Skinner presents eulogy for WWII vet

Como student Sam Skinner and Murray social studies teacher Courtney Major were one of 16 student-teacher teams throughout the U.S. chosen to participate in late June in the “Sacrifice for Freedom: World War II in the Pacific Student & Teacher Institute in Hawaii.” Skinner’s primary source research of a WWII veteran from Murray High School’s class of 1941 culminated with his delivery of a graveside eulogy for Signalman Arthur Barnard Engelbreth at the National Memorial Cemetery of the Pacific in Honolulu.

“It felt like a pilgrimage to the places that loomed large not only in our history, but in the stories that were written on the walls of Hickam Airfield and the sunken frame of the USS Arizona.” Skinner said. “It was all alive.”

Eric Erickson, a social studies teacher at Como Park Senior High School, is a regular freelance writer for the Bugle.
When birds make the most of ants!

Birds are usually moving around, hopping across the lawn, flitting from limb to limb in the trees and shrubbery, chasing one another. So, when I see a bird just stretched out on the ground, I wonder, “What's up?”

I was seeing a robin walking along the curb one morning when it stopped, laid itself down on the curb, and spread out its wings. It stayed there for a minute or so, then got up and resumed its walk down the curb.

What was that all about? The bird may have been sunning. Exposure to the sun may kill feather-degrading bacteria. But I think the bird was “anting.”

There are several ant holes in the lawn along the curb. Some birds use ants to control feather mites. I think this robin was practicing passive anting, settling down on an ant colony and letting the ants crawl up into its feathers to have at the little mites. An anting bird often contorts its body, bringing its tail underneath, although I didn’t see the robin using that posture.

It’s not clear if the ants eat the feather mites. One theory is that the ant activity gets the mites moving so they come to the surface and can be picked off.

Another form of anting called active anting. In this version, the bird grabs an ant and rubs it along its wings and tail, making use of the formic acid or other chemicals the ants exude. It’s not a good experience for the ant! There’s some debate about whether formic acid affects feather mites or if it just feels good on the bird’s skin.

Birds prefer to select ants that emit chemicals in defense, not ants that bite or sting. There are some 24 ant species that are used for anting. One side effect of rubbing these ants along their body is that the bird gets most of the formic acid out of the ant and the ant becomes a tasty snack.

This whole process is an ant form of delousing. Get those mites moving so they come to the surface and can be picked off.

Formic acid rubbed on the skin might just feel good. There are studies on both sides of the issue. I bet it would tingle at least a little bit.

There is debate about the effect of formic acid on feather mites. The formic acid concentration in the ants’ solution is greater than 50 percent. It apparently kills lice and mites in the lab but has not been demonstrated on birds in the wild (source: Wikipedia).

On the other hand, David Allen Sibley, one of America’s most prominent ornithologists, writes in his new book “What’s It’s Like to be a Bird,” “Formic acid does not have any known effect on feathers or feather parasites. But birds also wipe other acids such as lemon juice onto their feathers, so it is possible that acid has some still unknown benefit.”

In fact, in the absence of ants, birds have been known to use many other things, such as marigold flowers, which contain the insecticide pyrethrin. I wonder how did the birds discover the insecticide properties of marigolds?

The list of skin potions for birds includes mothballs, citrus fruits, vinegar and still-glowing embers (!). Each produces a burning sensation.

Some of the other things that birds have used besides ants include garlic snails, beach fleas, millipedes, earwigs, caterpillars, grasshoppers, mealworm larvae and wasps. And lit cigarette butts! Some birds have carried flaming tinder to their nest in a building!

Imagine the insurance report that states that a bird set a structure on fire! Playing with matches? No, careless smoking!

There is also some debate about whether anting is a learned behavior or innate. It seems reasonable that each individual must experience it for itself, but they may watch others do it and decide to try it.

Authors Thomas Eisner and Daniel Aneshansley, in their book “For the Birds: An Uncommon Guide,” discovered that two of six blue jays that had never been exposed to insects, went immediately to anting on first being given an ant. That implies that they’re genetically programmed for anting behavior.

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Clay Christensen. Photo by Chase Vanderbilt.

And the delightful and wise Laura Erickson, one of Minnesota’s premier ornithologists, in her book “For the Birds: An Uncommon Guide,” in the entry for July 14 notes, “When Ludwig, a baby jay I once raised, tasted his first ant, he immediately spit it out and shook his head violently. Then he suddenly rubbed his tongue against the roof of his mouth, grabbed the ant again, and rubbed it against his wing and back feathers. Ants are laced with formic acid. Anting may be the avian alternative to bug spray, or the tingle of acid on skin may simply feel good.

It seems Ludwig found that it felt good!”

Clay Christensen lives and writes in Lauderdale.

Spreading its tail feathers, this bird may have been engaged in “anting.” Photo by Cigale Ahlquist.

When you want it to be easy
It’s a vegan meal on a stick

By Scott Carlson

Among the 26 new foods that will be featured at the 2021 Minnesota State Fair is a ChoriPop, a vegan corndog on a stick.

“It’s the creation of Andy’s Garage, whose owner Frank Chase will sell the ChoriPop at his food stand from Aug. 26 to 31 at the Fair’s International Bazaar. Chase has permanent, year-around restaurant locations at the Midtown Global Market and Uptown in Minneapolis.

This new vendor will also be serving deep fried tamales, cheese or chicken, and horchata soft serve milkshakes and cones, the Fair said.

“We are taking our comfort foods and bringing them to the State Fair,” Chase said. “We tried to think of something new,” he added about the ChoriPop, which he calls a vegan lollipop on a stick.

Getting accepted for the State Fair has been a dream for Chase after the Covid pandemic devastated restaurants for more than a year.

“We had (originally) hoped 2020 would be a banner year for our restaurant business,” he said. “But the pandemic cut us off at the knees.”

Chase said he hopes the ChoriPop “hits it out of the park” with Fairgoers. “We hope to do well enough that we come back next year (to the Fair),” he said.

Meanwhile, State Fair officials said there will be nearly 500 foods available from 300 different concessions throughout the fairgrounds during the fair.

For a look at the rest of the new foods at the 2021 State Fair, check out this link:


Scott Carlson is managing editor of the Bugle.

Haunted House from p. 1

well-known attraction in 1984. This spring, Kohnen and her sister Michelle Lawrence inherited the business after their father died in April.

The two sisters, who grew up in the Como neighborhood just blocks from the Fair, said working at the Haunted House has been a “family thing” with many of the attraction’s key employees coming back to work year after year.

Debbie said the Haunted House employs about 90 workers, who include actors who play various monsters and scary figures.

Michelle noted her children Nathan and Ceili also have worked with her at the Haunted House for several years since they became adults.

“It’s been like a family thing,” she said.

Debbie and Michelle are especially looking forward to this year’s State Fair after the 2020 Great Minnesota Get-Together was cancelled because of the Covid-19 pandemic.

“I think this will be a good year because people are looking to get out and do things again,” said Michelle, who also still lives in the Como area.

Meanwhile, Debbie expects that revenue from the 2021 State Fair should help recoup costs they had to expend to upgrade the Haunted House’s electrical system and new sprinkler system to meet city codes.

Although not enumerating a dollar figure, Debbie said the upgrade “was quite a bit of money.”

This year, the Haunted House will be open from 9 a.m. to 11 p.m. daily with admission $5 per person.

The Haunted House is just one of scores of attractions at the Fair, which runs from Aug. 26 to Sept. 6. For further information, go to https://www.mnstatefair.org/updates.

Scott Carlson is managing editor of the Bugle.
Como Park and member of St. John W. Doherty, 71, died Feb. 4, 2021, in Enoch, Utah. He was born in Lauderdale, the youngest of 13 and raised his family in Lauderdale, where he was born. Jerry enjoyed seeing his many relatives and friends throughout his years. He was preceded in death by his parents, Arthur and Dolores Doherty, and five kids. He was part of a card club for many years too. He enjoyed seeing his many relatives and friends, who many live close by. Jerry is survived by his wife of 63 years Mary Jane (nee Thei­sen); his children, Donna (Kev­in), Bruce (Jeanne), Carol (Dan), Kevin (Judy) and Karla (Cliff); eight grandchildren; and seven great-grandchildren.

A Mass of Christian Burial was celebrated at the Church of Corpus Christi on July 14, with inter­ment at Roselawn Cemetery. If desired, please make donations to the Church of Corpus Christi or the Parkinsons or Diabetes foun­dations in Jerry's name.

John Doherty

He was a lifelong resident of Como Park and member of St. Andrews and Maternity of Mary parishes. He was a 50-year member of Steamfitters-Pipefitters Local 455. John was an avid outdoorsman who enjoyed hunting, fishing and golfing.

He was preceded in death by his parents, Arthur and Dolores and brother, James. He is survived by siblings Art (Gloria), Suzanne (Thomas) Hilgert and Tim (Heidi); and sister-in-law, Nancy. A cele­bration of life was held June 29 at Roselawn Chapel Cemetery.

Marion Evans
Marion Ellen Evans, 85, died May 25, 2021, at her home in Talmoon, Minn. She was raised in St. Paul where she met and married George Evans in 1952 and had their chil­dren Dan and Mike.

Marion was a hairdresser most of her life and owned a beauty shop in St. Anthony Park, before relocating to Wisconsin. She moved back to Minnesota in 2018 to be closer to family and lived independently with the help of her boys until her passing. She is survived by her sons Dan (Masami) and Mike, four grand­children and three great-grand­children. She was preceded in death by her parents Elia and Ed­win, husband George, siblings Ev­elyn, Ester, Robert, Irene, Dennis and James. Interment is scheduled at Roselawn Cemetery on Aug. 21.

Judith Gage
Judith Ann Gage, 81, died June 2, 2021. She was preceded in death by husband, James; parents, Don­ald and Marguerite Lynam; and brothers, Donnie and Richie. She is survived by daughters, Leanna (Jeff) Nelson and Lisa Batdorf; six grand­children; six great-grand­children; brothers, Billy and Mike; and sister, Mary. Mass of Christian Burial was celebrated June 9 at Maternity of Mary Catholic Church, with in­terment at Fort Snelling National Cemetery. Memorials preferred to the American Cancer Society.

Yvonne Monn
Yvonne “Bonnie” Monn, 94, died July 10, 2021. She will be remem­bered as the family historian.

She was preceded in death by her husband Leo and son, David. She is survived by daughters Carol (Gary) Dornfeld, Nancy (Mark) Rogers and Paula Durand; 10 grandchildren; 11 great-grand­children and one great-great­grandchild.

Mass of Christian Burial was celebrated at Maternity of Mary Catholic Church on July 16, with inter­ment at Roselawn Cemetery.

Jerome Sventek
Jerome “Jerry” Sventek, 87, lifetime resident of Lauderdale died peace­fully July 6, 2021. Jerry owned the Rosehill Dairy store on Larpenteur Avenue for 40 years and retired in 1996. He was born in Lauderdale, the youngest of 13 and raised his family on Walnut Street, just two blocks from where he was born. Jerry had fond memories of growing up in Lauderdale and made many friends throughout his years. He loved spending time with his family and Holidays were a special time that usually included a lively game of Flip Your Kings.

He sponsored a bowling team for many years, campus almost ev­ery weekend for a stint and made a number of cross country (Clark Griswold style) road trips in the green station wagon with his wife and five kids. He was part of a card club for many years too. He en­joyed seeing his many relatives and friends, many who live close by.

Jerry is survived by his wife of 63 years Mary Jane (nee Theisen); his children, Donna (Kevin), Bruce (Jeanne), Carol (Dan), Kevin (Judy) and Karla (Cliff); eight grandchildren; and seven great grandchildren.

A Mass of Christian Burial was celebrated at the Church of Corpus Christi on July 14, with inter­ment at Roselawn Cemetery. If desired, please make donations to the Church of Corpus Christi or the Parkinsons or Diabetes foun­dations in Jerry's name.
Cougar sports teams enjoy summer activity

By Eric Erickson

Sports analysis

While the summer Olympics proceed in Tokyo, international soccer tournaments are held and Minnesota’s professional sports teams host games with fans back in the stands, high school athletes across the state are enjoying a normal summer of voluntary training sessions.

The Minnesota State High School League lifted its mask requirements and COVID-19 protocols in June, in advance of the annual summer workout window which allows coaches to practice with players in their programs.

At Como Park High School, the result has been an enjoyable experience for student athletes in sports that may have taken place last winter, just concluded this spring or begin their official “fall” season on Aug. 16.

Runners

For motivated Cougar runners who concluded their track and field season on June 10, it was an easy transition this summer to distance runs in the mornings led by cross-country captains. Coach Tim Kersey encourages the student leadership and feels comfortable staying out of the way until mid-July.

Kersey provides weekly mileage goals tailored to each runner, but stresses the main objective is “to be outdoors, improve your running and have fun with friends. They (the runners) have a great attitude and can get a lot done in a supportive environment.”

Football

Meanwhile, football players have been working out in the weight room three afternoons a week during the summer. That wasn’t possible in 2020 because of COVID, nor in 2019 because of building construction. The combination of weight room access being restored, plus program momentum following last fall’s conference championship has produced positive energy.

The football Cougars also hold one practice a week on the turf field. Coach Kirby Scall says it’s tough to get a full team on both sides of the ball for practice, given other responsibilities his players have including jobs, family support and summer school for some. But any time together at Como is an opportunity to improve.

Soccer

For Como High boys and girls soccer players, Wednesday nights are prime time on the Como turf—two hours of volunteering to help lead over 80 elementary-age youth in the Soccer Stars program—a collaboration administered through St. Paul Parks and Recreation, with coaching provided by Como’s high school players—a spirited and joyful experience.

As for training sessions, both the boys and girls teams have numerous opportunities each week to develop technical and tactical skills. Boys coaches Jonah Fields and Sunday Htoo are also using runs around Como Lake for fitness, and the Sepak Takraw kick volleyball courts at Marydale Park for fun cross training and sharpening their soccer touch.

“Our goals for summer are simple,” Fields said. “Give our best effort to improve each day on the field.”

As our community and society extend beyond the city, with challenging games against suburban opponents, “The boys have a great attitude and have been willing to work hard, especially when the scale hasn’t been in our favor,” Smith said.

Basketball

Inside Como, bouncing basketballs are often heard in the gym. Girls basketball workouts are held three mornings a week, but cross training has included agility work on the track and muscle recovery in the swimming pool.

The Cougars have played games in a summer league against other top high school teams and have looked strong in two close losses to Becker, a perennial state power in Class 3A. Beyond their school team, sponsored by the Rice Street Athletic Club, Como boys are also using runs around Como Lake for fitness, and the Sepak Takraw kick volleyball courts at Marydale Park for fun cross training and sharpening their soccer touch.

“Give our best effort to improve each day on the field.”

In that same vein of serving the community, Como tennis players and recent alumni are leading St. Paul Urban Tennis sites this summer.

Several current Como boys and girls tennis players are participating in the Junior Tennis Team League. Rising senior Eva Larson and rising sophomore Ashley Hartwich are part of SPUTFinks, the highest level of play in the St. Paul division.

Como boys Hsar Lay Moo and Htoo Kyi Lay both participated in the Hinong H Tennis Tournament for the junior division.

“Both represented Como Park well with fight and sportsmanship,” said Cougar tennis coach Xia Yang.

Baseball

As for baseball, players from Como’s school team have transitioned to summer ball and into the new uniforms of the Rice St. VFW team, sponsored by the Rice Street Athletic Club.

“Field practice has been excellent this summer, and our young players are starting to understand the game more,” Fields said. “The boys have a great attitude and have been willing to work hard, especially when the scale hasn’t been in our favor,” Smith said.

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“In that same vein of serving the community, Como tennis players and recent alumni are leading St. Paul Urban Tennis sites this summer. The 2021 Como High boys tennis captain Aidan Reynolds is a SPUT coach, as is Antero Sivula from the class of 1999.

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“They both represented Como Park well with fight and sportsmanship,” said Cougar tennis coach Xia Yang.

Eric Erickson is a social studies teacher at Como Park High School and a longtime coach of school and youth sports in St. Paul.
Classifieds

Send your ad to classifieds@parkbugle.org or P.O. Box 8126, St. Paul, MN 55108. Ads are $1 per word. Phone numbers, email addresses and websites are considered two words. Add a box or art for $10 each.

Next deadline: Aug. 11, 2021

Celebrating the Fourth of July!

With the COVID-19 pandemic easing off this year, the St. Anthony Park 4th in the Park Committee was able to bring back, in person, a number of Fourth of July activities.

The plethora of events included two- and four-mile races, music at Langford Park and the annual Fourth of July parade along Como Avenue. Participants in the parade included the Langford girls hockey team and the Junior ROTC.

Down at Langford Park, the SAP Community Foundation presented its annual Spirit in the Park award to Molly Breen, director of the St. Anthony Park Community Nursery School.

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"Top to Bottom" deep clean
$50 off for new recurring clients (pay off first 2 cleans)
Contact us for a free quote!
mbscleaning.com
651-225-1960 office

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MB’S Cleaning Services

Branch and Bough Tree Service and Landscape Care

Landscape Resources

Organic Grower’s Blend
Raised Garden Blend
Mulches
Compost
Class Five
Top Soil

M-F 8 A.M. – 5 P.M.
SAT. 9 A.M. – 3 P.M.

Pierce Butler & 115 N. Albert St.
(3 blocks east of Snelling)
651-646-1553

Healthcare Professionals

St. Anthony Park Dental Care
2278 Como Avenue
Nate Cogswell, DDS
Paul Kirkegaard, DDS
Nadine Yacoub, DDS

Nate Cogswell, DDS
2278 Como Avenue
(3 blocks east of Snelling)
651-646-9216

To add your business to this listing, contact Sonia Ellis:
sonia.ellis@parkbugle.org or (651) 226 1274 (voice message/text)

Water Heaters

• Kitchen & Bath Remodeling
• Remove/Replace Faucets
• Toilets
• Disposals
• Water Piping
• Plumbing Repairs
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All Star Plumbing & Heating

FREE ESTIMATE NO CHARGE FOR OVERTIME!

- Angie's List since 2002
- Satisfaction guaranteed
- 1 Year warranty on work
- Serving the Roseville, Como Park, Falcon Heights, Shoreview, Mound/ Sartell, Groveland & Highland Park areas
- Evenings & Weekends

Jack Stodola
Cell: 612-865-2369

No overtime charge for nights and weekends
We’re excited to see the neighborhood again!

Join us for a celebration with live music and food at our Como branch!