

The Park BUGLE

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10,000 Published

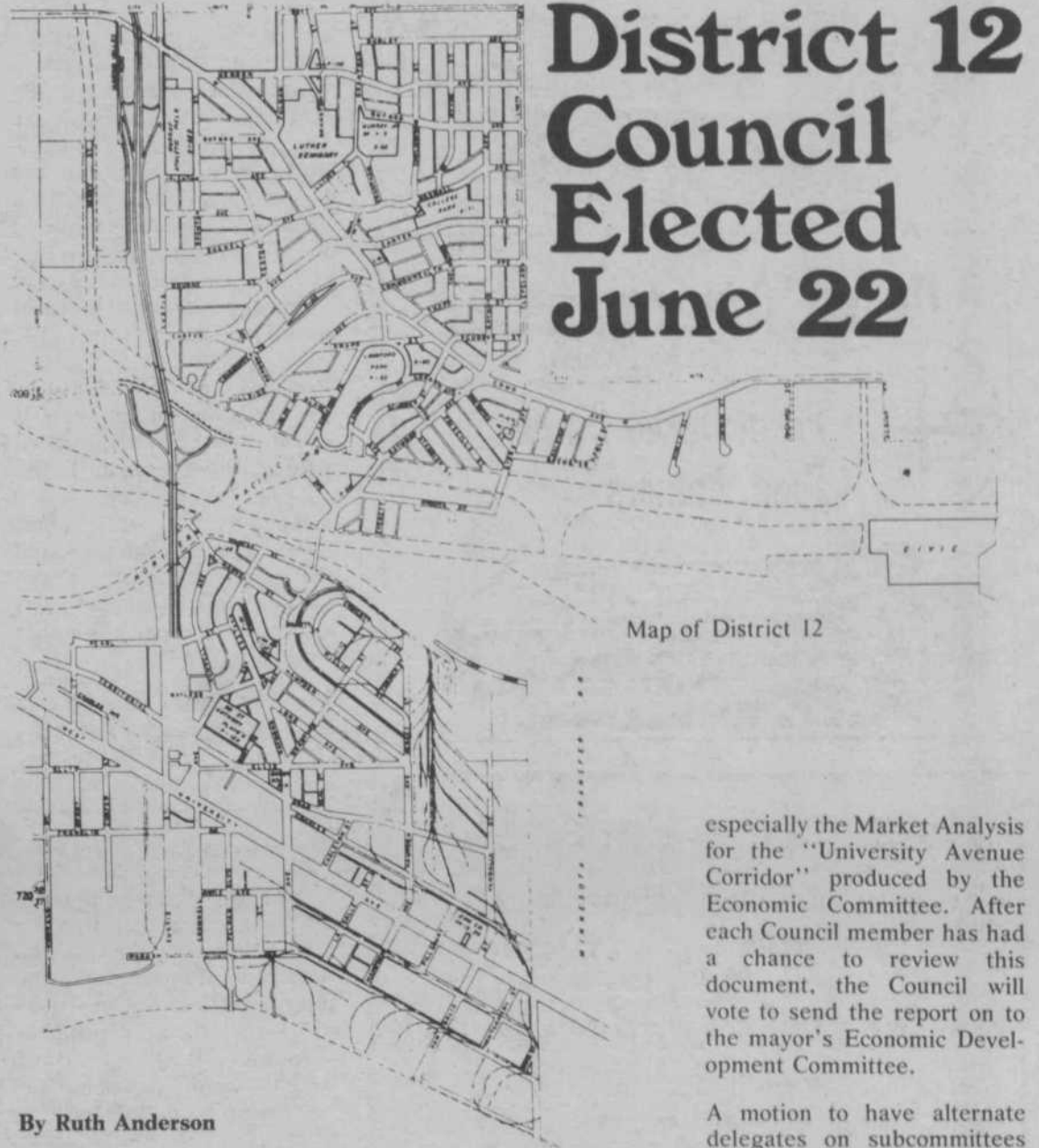
July, 1976

Make a Date for 1977

On account of the success of the 1976 historic bicentennial calendar, Park Press, Inc. and the St. Anthony Park Association are publishing a calendar for 1977. This year, we're conducting a competition for two-dimensional images made or found by St. Anthony Park residents. We're interested in photographs, drawings, prints, collages, anything that can be reproduced in black and white. Criteria in judging include suitability for reproduction in a calendar, interesting subject and overall quality and craftsmanship.

The 12 winners will receive two copies of the calendar each and as much glory and fame as the *Bugle* and the calendar can spread.

Preferably, images should be in a horizontal format and not folded or rolled, with a limit of three entries per person. Deliver these images by or on August 20, 1976 to Kathy Diedrich at Artisans' World, 2274 Como Ave., St. Paul, Minn. 55108.



District 12 Council Elected June 22

By Ruth Anderson

Citizens elected the first District 12 Community Council June 22. Three delegations, North St. Anthony, South St. Anthony, and Commerce and Industry form the 15-member council.

Elected members and alternates who will be serving a one year term are listed as follows:

NORTH ST. ANTHONY
John E. Christensen, Joseph E. Michels, John K. Rutford, Paul Savage and Liz Solem, delegates; Richard Allyn and Greg Haley, alternates.

SOUTH ST. ANTHONY
Becky Cassidy, Elizabeth Clark, Lois Dettle, Sherm Eagles and Steve Flink, delegates; Kathy Clark and Dennis Ferche, alternates.

COMMERCE and INDUSTRY
John Holman, Pat Casey, Cyril Roy, John Waldon, G.W. Mixon, Jr., delegates; Lloyd Ratkovich, alternate.

The first full District 12 Com-

munity Council meeting was held Wednesday afternoon, June 30, 1976, with delegates and alternates present from Commerce and Industry and North and South St. Anthony Park.

Delegates decided to delay the election of a chairperson until the next regularly scheduled meeting of the full District 12 Council in order to give individual delegations a chance to meet independently (by July 9) to select their respective chairpersons. Sherm Eagles was elected secretary, and Pat Casey was elected treasurer of the District 12 Council.

A rotation schedule for the council chair was established, giving Commerce and Industry the first chairperson, South St. Anthony the second chairperson, and North St. Anthony the third chairperson.

Zack Johnson, HRA Project Planner for District 12, reviewed progress made in the various committees, noting

especially the Market Analysis for the "University Avenue Corridor" produced by the Economic Committee. After each Council member has had a chance to review this document, the Council will vote to send the report on to the mayor's Economic Development Committee.

A motion to have alternate delegates on subcommittees was approved unanimously; however, appointing of subcommittee members was held up until each delegation met independently. This action should allow for fuller participation by all members of the District 12 Council.

A Personnel Committee was selected to begin work on staffing the new District 12 office. Members of this committee are Pat Casey, chairperson; Sherm Eagles, secretary; Steven Flink, Becky Cassidy, Paul Savage, and Liz Solem. The Personnel Committee met on July 2 to begin the hiring process for a district Coordinator and a part-time clerical person (to \$12,000 yr.). This includes writing position descriptions, setting salaries, and soliciting applicants.

The Personnel Committee made arrangements to keep the former PAC office at 2380 Hampden Ave. open on a half-time basis through the end of July. Marvin Melgaard is in

Turn to page 3



Squirrels in St. Anthony Park. Photo by Steve Rouch.

Squirrels Get Static

By Lois M. Anderson

A squirrel speaks out.

"Oh hi, I notice you've been watching me a lot lately."

"St. Anthony Park has been my home for the last ten years, and I have found it a friendly, relatively safe place to live. My biggest fear is the dogs and cats that constantly chase me. I don't mind most of the people. Pretty decent bunch. They don't shoot me for fun, or worse yet, cook me for food.

"The thing I like best about the Park is the trees. . . just the kind I love to live in: oak, beech, hickory, elm. Have you noticed the gnarled, deep holes where I build my nests? Since I am a female Eastern

gray squirrel, I produce one to two litters a year. Four babies at a time are a lot of work.

"Now, the subject I really want to talk about is the gossip I'm hearing about me and my friends and relatives. It all started when this reporter for the *Bugle* started having interference in the middle of her telephone conversations. I heard her call Northwestern Bell Telephone and ask for an explanation of what was causing trouble with the reception. They told her there is a large squirrel population in the Park, (I could have told you that), and that we, as well as gophers, gnaw on the outer edge of telephone cables.

Turn to page 2

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"God Jul" in Summer

By Kathryn Diedrich

On July 8, eleven children celebrated Christmas for a second time this year at St. Anthony Park Lutheran Church. The tree, hand-made ornaments, saft (juice) and kjeks (cookies) were all part of a unique program sponsored by the International Institute to help children understand language through cultural experiences.

Ken Truitner of the Institute explained that the program is funded by those who participate in the program. Karen Hanson, a member of the community who works afternoons at the Institute, directed the month-long project. Karen studied Norwegian at Luther College and spent a summer working in Norway.

The tradition of the Nisse, a clever elf, was special fun for the Christmas celebration. The children who were good



received oranges and sweets in their wooden shoes; those who were undeserving found straw and potatoes. When the children discovered both sweets and straw, one child remarked, "I must have been good and bad." The children learned that farm children in Norway do not forget to leave a bowl of porridge for Nisse and his cat. He has been known to tie the tail of your cow if he goes away hungry.

The children responded well

to the songs, dances and crafts of Norway. Now they are looking forward to wearing their t-shirts which identify their class. Karen chose a moose to carry the Norwegian flag in the logo because it relates to the rustic quality of the country and emphasizes devotion to the national flag. The t-shirts will be visible evidence of the memories of the Norwegian language and culture program which concluded last week.

SQUIRRELS IN THE PARK, Continued from page 1

"Creating a hole in the cable allows water to seep into the outer cable, wets the wires on the inside, and then the trouble begins. The moisture hinders clear communication through the wires. Dave Anderson, of personnel at Northwestern Bell Telephone Company, says that the company is now replacing old cables and installing new ones with a metal casing that is "gopher and squirrel-protected." Squirrels cannot gnaw through the new metal cables.

"On behalf of myself and my friends, I do admit to chewing heavily on those black telephone cables. I love how sharp I can get my teeth by chewing on them. You see, my health and well-being depends on the condition of my teeth. In my mouth, there are three pairs of teeth. Two pairs are incisor teeth that grow during my entire lifetime. If I don't keep biting and sharpening down those incisors, they could pierce my skull and kill me. If I lose a tooth, the tooth that is left grows unchecked, prevents me from eating, and could eventually cause my death.

"So, don't be too hard on us little animals. In earlier times, we could chew on antlers and bones from dead animals. Technology and increased

population has reduced deer and wild animal population. Most domestic animals are taken to pet cemeteries, or buried so deep in the ground that we can't get at them. Our substitute is to chew on telephone cables.

"I'm a little worried about the metal case of the new cables. You wouldn't want us to become extinct, would you?"

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District 6 Lowers Voting Age to 16

At the District 6 Planning Council meeting held May 4, the voting age was lowered.

In the proposed by-laws for the Council there was specific provision that one must be age 18 to either hold office or to vote in the district election. There had been some discussion about a lower age during the drafting of the by-laws, but the age had been kept at 18.

At the May meeting the article that appeared in the *Park Bugle* was read. After some discussion a motion was made to lower the age limit for voters in district elections to 16 and to eliminate any age limit for membership on the Council. (See Todd Davis article in April *Bugle*.)

Wynia Files

Ann Wynia, 1515 Branston, joined members of the Ramsey County DFL delegation filing for the state legislature on the opening day of filing, July 6. Ann received DFL endorsement for the state House of Representatives seat from District 62A at the March 27 Senate District Convention.



The Frank J. Clark residence at 2352 Bourne Avenue.



At Home

Story and Photo by Mary Walker Sjowall

Resting serenely atop the hill at 2352 Bourne Ave. is the Frank J. Clark residence. Built in 1887 it is a gracious reminder of the early days of St. Anthony Park.

Mr. Southhall constructed the large dwelling and it was passed on to Mr. and Mrs. Herbert Plant. The next owners were Mr. and Mrs. Barlow who eventually sold it to Mr. and Mrs. Warren Waite. The present owner, Mrs. Frank J. Clark, also known as Aurel Warner Waite Clark, has lived in the family home for 38 years.

The large porch embraces the house in a U-shape; although the house faces north the porch still has a southern exposure. Mr. and Mrs. Clark enjoy this area immensely in the summer.

Double doors lead into the entry which includes a piano and a cozy alcove for sitting. There is also a secretarial area Mrs. Clark uses for her correspondence. One's attention is drawn to the lovely woodwork on the stained oak stairway. To the left of the entry way is the living room with leaded glass windows and bookcases below them. There is a window seat by the front window where one may sit and admire the yellow tile fireplace. It is one of three working fireplaces in the house.

The dining room radiates warmth from sunny windows and many plants. Another fireplace with a beveled mirror and a tiled hearth is in this room. The kitchen area

contains an old-fashioned butler's pantry. The kitchen is roomy and Mrs. Clark is pleased that in addition to other conveniences her washer and dryer fit into the working space.

Circling back to the entry area a visitor can be led upstairs past a beautiful large multi-paneled stained glass window on the landing. Upstairs the bedrooms are large and filled with light. The master bedroom has the third fireplace with a blue tiled hearth. There are four bedrooms on this floor plus another finished room on the third floor. One bedroom has a small porch of its own.

After a relaxing visit to the Clark's home, I walked in the cloistered privacy of their large back yard. As I looked back at the lovely old residence, I was pleased that in this era of built-in obsolescence here was a reminder of craftsmanship that was created to endure.

DISTRICT 12, Continued from page 1

the office from 9-11 a.m. and from 1-3 p.m. each day.

The Community Council must determine what District 12 should pick up from unfinished PAC work and determine the approximate amount of time required to complete tasks. A motion was made and carried that the Council appoint the South St. Anthony delegation to serve as a committee and report to the Council on the PAC's unfinished business. The full District 12 Council will make the final decision on work to

be done.

Zack Johnson noted that a list of proposals for Community Development (CD) Year III funding must be submitted to the Community Development Office by August 21.

An orientation meeting for District 12 Council members new to City government was held Monday night, July 12, at the HRA District 12 Site Office at 2432 University Avenue. Various topics were covered, including developments which led to the formation of the

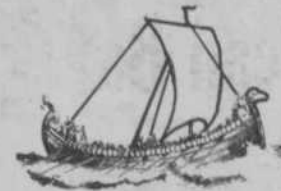
present city districts, work already carried out or being carried out by HRA, possible projects to be taken on by District 12, and the role of Council members in community government. The general purpose of the Council was stated as raising and maintaining the quality of living for persons who live within the boundaries of District 12.

The next meeting of the full District 12 Council is scheduled for July 21 at 7:30 p.m. at the District Office, 2380 Hampden Avenue.

Summerdance

"Summerdance," a group of local professional dancers from the Caravan Dance Studio and the Guild of Performing Arts, will be performing at Langford Park on August 18 at 7:00 p.m.

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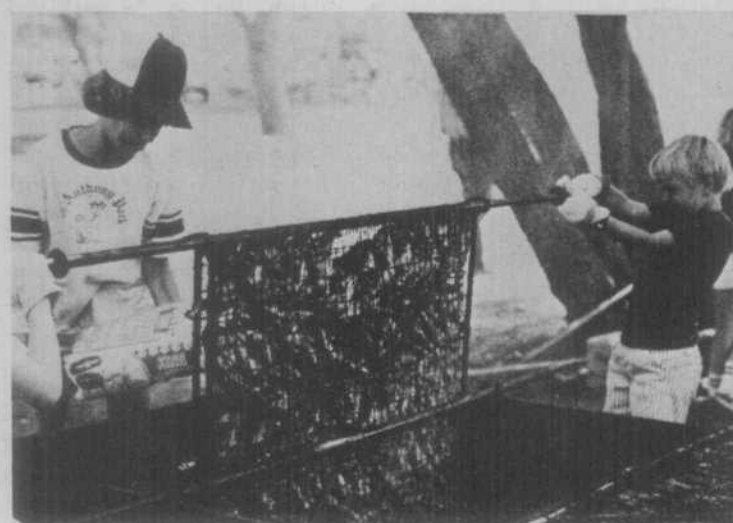
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Strike Up the Band!

The Sibley High School Band (above) led the march and spirit of the Fourth of July celebration this year in St. Anthony Park. The bicentennial spirit was not lost on other celebration participants either.



Photos by
Mary
Walker
Sjowall



By Jane Lindberg

A stately old elm at 1815 Lake Street has been designated a historic landmark "to be honored and preserved for future generations" by the Elm Research Institute of Waldwick, N.J.. Planted in the 1800's, the tree is 16'-4" in circumference. Since losing a nearby tree to Dutch elm disease, the owner, Don E. Lawrence, has had this one chemically treated for three years. This year's injection for the giant totaled 65 gallons following a program in use at Hamline University. Walk by, read the plaque, and admire its majestic beauty.

....

Lauderdale enters its third year of active participation in the Shade Tree Disease Control Program. A community survey taken recently by Dr. D.W. French resulted in the condemnation of 41 elms. Five year losses from Dutch elm disease total 98 out of an estimated 800 elms. The City

Council is justifiably proud of the civic cooperation of residents in the removal of infected trees.

....

Lauderdale Friends & Neighbors, a social club sponsored by the City Council for retired residents, unanimously acclaimed Dan Dynan as president. His wife, Margaret, will assist. Ellen Roetman will head the Telephone Committee, aided by Dorothy Hayden, Bea Carlson, Dagny Rongstad and Emma Gustafson. As chairman of the Coffee Fund, June Gray collected donations.

A St. Croix River Cruise is planned for Tuesday, August 24. Any older or retired resident is most welcome to join this social outing. The cost is \$8.50 per person including a buffet lunch served on board Jubilee I and entertainment. The bus will depart Lauderdale City Hall, 1891 Walnut St., at 10:45 a.m. Contact Ruth Johnson, Group Coordinator, 644-6627, for reservations by August 1.

....

Got the mid-summer "What-shall-I-do" blues? Take the Council-sponsored day tour to ValleyFair on Monday August 2. Alternate rain date: Thursday, August 5. Cost: \$7.25 per person—12 years or

older; \$5.50—children 4 to 11; \$1.00—children under 4. Take the bus with us—no driving worries, no car parking fees; enjoy being with your friends for the day. For information and reservations call our volunteer chairwomen: Jean Blat, 636-7158 or Jean Klohn, 636-5000.

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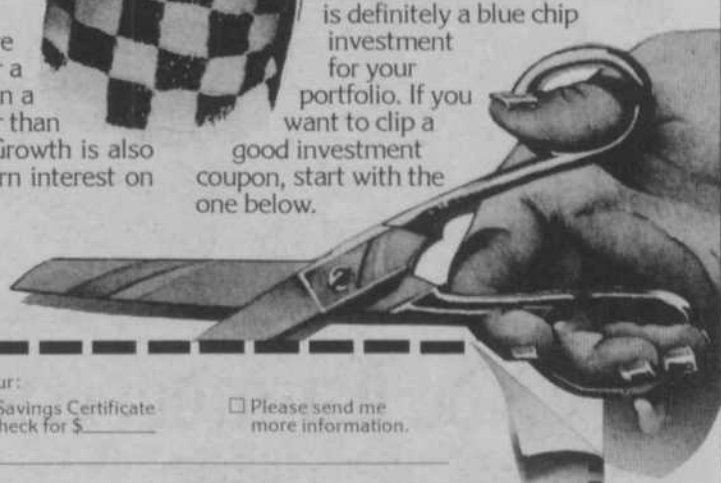
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	2012	\$15,444
	2018	\$24,372
	2024	\$38,461

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An open house for the Seal Avenue Senior Citizen Hi-rise took place June 24, 1976. Mayor George Latimer, shown above, greeted guests and spoke to the group. Representative Bruce Vento, pointed out that public works projects such as a senior citizen hi-rise have the double effect of creating employment and meeting the housing needs of our older citizens. "The St. Anthony area has been in great need of housing renovation, rehabilitation and new construction," stated Vento. "Hopefully, this hi-rise will signal the way for a renewed interest by the state, local government and business community for housing in this area of St. Paul."

Park Bank Initiates Newsletter

St. Anthony Park Bank is initiating a new consumer-oriented service at the urging of Marketing Officer Kathleen Michaelson.

The first in a series of quarterly consumer newsletters entitled "For Your Informa-

tion" is being sent to all bank customers this July.

"The purpose of the newsletter is to serve a consumer education function and to personalize the bank—to give our customers more information about us and the community," Michaelson says.

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Dutch Elm Disease Continues to Bug



By Ruth Anderson

Two summers ago Dr. David French, plant pathologist at the University of Minnesota, said St. Anthony Park would probably lose most of its elm tree population. His foreboding words became a grim reality recently. Twenty-three elms received scarlet bands in Langford Park alone and many more were marked for removal throughout the community.

Confusion continues about procedures used to diagnose the disease, about what happens after a tree is diagnosed as having the disease, and about possible preventive measures. Some estimates say most of the stately elms in the Twin Cities area will be claimed by Dutch elm disease by 1980—four short years.

Lloyd Burkholder, St. Paul City Forester, said the City of St. Paul is doing street-by-street assessment of all trees in the city, including boulevard trees and trees on private property, as a control measure. Trees are observed visually as inspectors drive down streets and alleys. The City plans to make three assessments this summer; so far most boulevard trees have been checked once; the second check is in progress. Mostly the assessors look for wilting, thinning and yellowing or browning of the top twigs and branches of trees. (The state is helping with assessments. The orange rings are placed by the University and the red rings by the City.)

Dutch elm disease is actually caused by a fungus, *Ceratocystis ulmi*. The spores of the fungus are carried by the European elm bark beetle through all stages of its life. The beetle burrows into the bark of elm trees, preferring the crotches of branches which are in their second year of growth. There the beetle shed the fungus spores and fungus subsequently develops and lives in the vascular system of the host tree. The fungus, in conjunction with gums produced by the tree, plugs the tree's vessels and starves the tree.

The disease may spread several ways. One, by active beetles flying from tree to tree. In this case, wilting in the top branches characterizes the disease. After the disease becomes systemic in a tree, however, the disease spreads through root grafts. Root grafts are the underground joinings of the roots of adjacent trees. A diseased tree will spread the disease by root grafts and consequently the lower part of adjacent trees will probably die first.

After a tree is diagnosed as having Dutch elm disease, the diseased tree should be isolated from healthy trees either by soil trenching or by soil fumigation. Since some apparently healthy trees may be infected at the time of treatment, a second line of defense is recommended. Detailed information on the control of root graft spread of Dutch elm disease can be obtained from the Agricultural Extension Service, University of Minnesota, St. Paul, Mn. 55108.

Homeowners should report suspect trees to the City

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will take a sample, preferably from the upper es. The sample is sent to the Dutch Elm in the State Office Building where it is plated takes about one week for cynamats or fruiting fungus to begin to grow. The appearance of characteristically having dark stems with colored tops, confirms the presence of Dutch Elm disease. The homeowner is then notified by mail of the results. In the case of a positive test, the homeowner receives notice of condemnation and be required to be removed within 20 days.

Individual homeowners in St. Paul can receive help in financing tree removal by in effect borrowing money from the City. After the homeowner receives notice of condemnation and the City removes the tree, the sum of money is paid back to the City as an assessment at \$10 per month with a 6% interest charge. Homeowners should contact the City Forester, Lloyd Burkholder, at 488-7291 for more information.

But all is not lost perhaps. If treated yearly, healthy elms may escape the devastating disease.

Most of the elm trees in the Twin Cities area will be claimed by Dutch Elm disease by 1980."

The much advertised Lignasan injection treatment, which acts as a fungistat, apparently keeps the *Ceratocystis ulmi* fungus from growing inside the tree. Lignasan looks promising, although no one will say it is a panacea for the City's tree problems. Over the past two years, laboratory and field tests conducted under the auspices of the Elm Research Institute in New Jersey have shown that healthy elms treated with Lignasan BLP stand a 95-99% chance of survival.

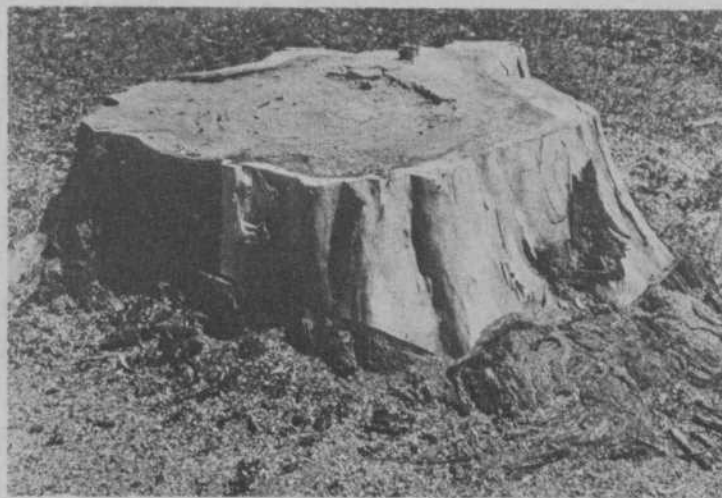
To succeed, healthy trees must be injected on a yearly basis with Lignasan BLP during the summer months, preferably block by block to increase the effectiveness of the treatment. With the multiple injection system used by the Minnesota Living Elm Company in St. Paul, it takes about one hour to treat a tree. One-half inch barbed inserts, spaced every six inches around the tree squirt about 16 gallons of Lignasan into an average tree's vascular system. When 10 or more trees per block are treated at one time, the cost factor becomes \$20-40 per tree per year.

Living Elm emphasizes, however, that trees must be treated before the disease gets into the tree's system. At that point, the disease is spread through the underground root grafts from tree to tree and the injection cannot halt the disease once started. It is not a cure for dying trees, but a means of protecting healthy ones.

...ity, a considerable time lag exists. ...o six months goes by between the time a tree is tagged and the time it is actually removed. ...arily to an overload of work. Right now there is a backlog for removing diseased trees. If foliage is found to have beetle is found, next fall is the time the tree is cut and the tree becomes a problem. But if it is found, the tree must be disposed of

...es in the Twin Cities are equipped to remove trees. Costs ranging from \$100-200 per tree, depending on tree size and location. After cutting, the tree is chipped to land fills, usually at Eden Prairie or Pine Ridge. They're buried. But, as Roger Gatz, from a tree service says, "There's no doubt about it, a lot of trees are buried before they're buried"—ready to infect

...ers feel financially strapped by the expense of having to remove trees. No government tree removal exists at this time, although a bill is under study by the City Council. A tree removal is budgeted out of the City program. Additional funding would be required to remove the estimated 2-3000 trees from private property. Smaller city units, like Maplewood, do not have tree removal programs.



Photos by Mary Walker Sjowall.



Q. How often should flowering perennials and annuals be fertilized?

A. This may vary with the type of soil, amount of rainfall, as well as type of fertilizer and plants. On the average, though, an application of a complete fertilizer in the spring may be adequate. If you also apply some leaf or garden compost, it may be wise to reduce the quantity of complete fertilizer you apply. A second lighter application about August 1 is sometimes needed. *Richard E. Widmer*

Q. Is it too late to plant flowers?

A. Not at all! Some perennials are best planted in the second half of summer. Many bedding plants are now available in advanced stages in individual containers. They can be planted with a minimum of transplanting shock and will provide instant color. Beautify St. Anthony Park; plant flowers! *Richard E. Widmer*

Q. I have an azalea that looks healthy, but it has bloomed only once. What can I do to make it bloom?

A. Many azalea buds were killed last winter and flowers were limited in number this year. That doesn't happen very often. To obtain maximum bud development, the plants should be thoroughly watered at intervals in dry weather, should be in bright locations (not necessarily full sun) and the roots should not have to compete with roots of robust shrubs. *Richard E. Widmer*

Q. Should I mulch my tomato plants?

A. Mulching the soil prevents blossom end rot on tomato plants by maintaining a uniform supply of soil moisture. You can use grass clippings, finely chopped straw, ground corncobs, buckwheat hulls, peat moss, sawdust or vermiculite.

*Dr. Orrin C. Turnquist
Dept. of Horticultural Science*

Q. How will I know when my cucumbers are ready to pick?

A. Pick cucumbers from your garden when the fruits are slender and dark green—don't let them turn lighter. Harvest them daily at the season's peak. If large cucumbers are allowed to develop and ripen, production will be reduced. For pickles, harvest when fruits have reached the desired size. Pick them with a short piece of stem on each fruit. *Dr. Orrin C. Turnquist*

Q. When is the best time to harvest beans?

A. Snap beans should be harvested before the pods are full size and while the seeds are about one-quarter developed or two to three weeks after the first bloom. Harvest lima beans when the seeds are green and tender—just before they reach full size and plumpness. *Dr. Orrin C. Turnquist*

Auditions Held

The Conventus Musicus announces auditions for its 1976-77 season. Positions open: alto, tenor and bass vocalists; woodwind and string players; instrumentalists; and male and female dancers. For information call Arthur Maud at 339-9441 extension 285, or Conventus Musicus at 332-1511.

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The Pothen Homesites (formerly gardens along Hamline Avenue and south of Rose-lawn) were platted, making available eight lots.

The Village of Falcon Heights has signed a new contract with the Ramsey County Sheriff for 1976, the first time the contract has been renewed since 1968, the contract provides for \$27,000 of protection per year, including one car assigned specifically to Falcon Heights.

Effective June 1, the Falcon Heights Fire Chief is appointed by the City Council.

Effective July 1976 the Village of Falcon Heights will take over street maintenance, storm and sanitary sewers, lights and water for University Grove. Costs for upgrading utilities to standards are estimated at \$200,000.

Falcon Heights is adding a big toy to the park before autumn. The attraction is made of logs and steel piping and can easily be added onto at a later date.

The next town meeting is July 22 at which time the City Council will review the bottle club license and the new proposed wine license (passed in the last legislature).

Racquetball Appeals to All

By Martha Saul

What is the fastest growing, most exciting new sport around? Racquetball.

Racquetball appeals because you don't have to be a super-athlete to play and enjoy the game. If you are old enough to walk and young enough to run, you can play racquetball and enjoy the physical and mental workout.

I learned to play racquetball a few months ago and enjoy playing with my husband. We find racquetball a great sport for the entire family.

Racquetball can be played by two, three or four people. Gear includes a small rubber ball and a racquet which looks like a short, undersized tennis racquet. The racquet can have an aluminum, fiberglass, steel or wood frame. Most racquets have nylon strings.

The racquetball court is 20 ft. wide, 40 ft. long and 20 ft. high. The ball is hit against the four walls and the ceiling.

Basically the game goes like this: the server bounces the ball and then hits it against the front wall of the court. The ball bounces to the back of the court, with or without hitting one of the sidewalls. The second player, the receiver, must return the ball to the front wall before it bounces twice. If the receiver does not return the ball, the server scores a point. If the receiver return the ball successfully and the server then misses it, he loses the serve. *Game* for racquetball is 21 points.

I find it important to wear gym shoes with a good tread when playing racquetball. Clothing should fit comfortably loose.

Where to play? We usually play at the Kings' Court in Roseville. Many of the tennis clubs have racquetball courts, as do the YMCA branches. The University also has courts on both campuses that are available to staff and students. In addition, most facilities offer lessons.

If you haven't already had the experience, try this exciting, challenging game this summer.



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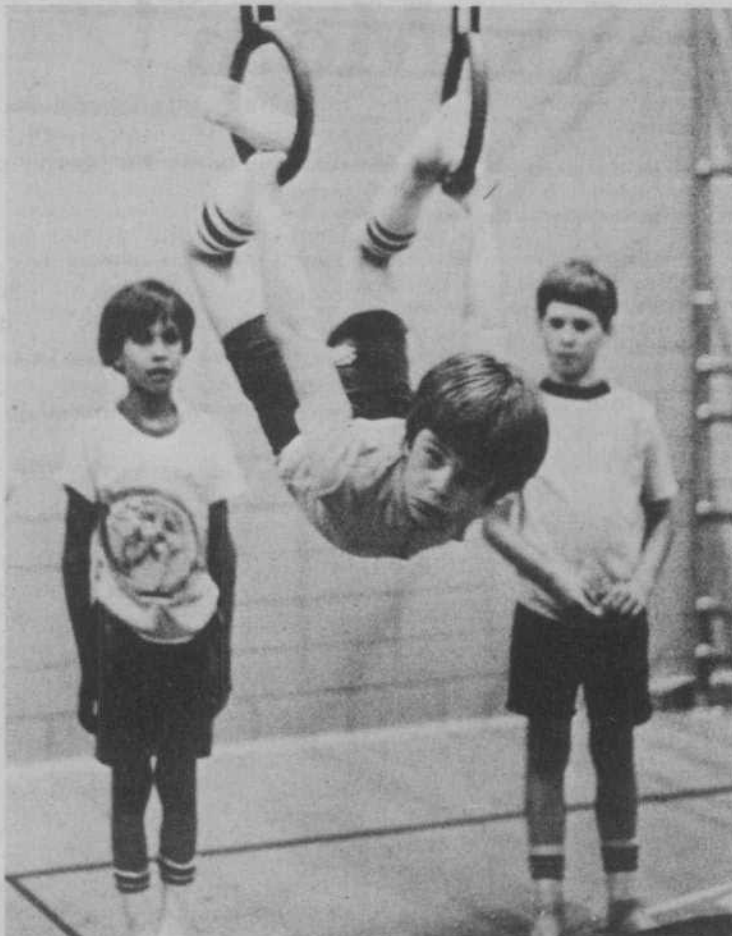
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Kurt Mehlhoff works out on the rings as friends watch. They are part of the newly formed Boys' Gymnastics Club. Watch for their story in the August Bugle.

Bits and Pieces

Fine arts entries for the Minnesota State Fair must be brought to the second floor of the Grandstand on the Fairgrounds, Friday or Saturday, August 6-7, between 10 a.m. and 9 p.m. All creative activities articles, except baked products, must be delivered to the Creative Activities Building by noon, Thursday, August 19. The building will be open to receive entries beginning Monday, August 16, from 10 a.m. to 7 p.m. each day. Entrants in baking categories must file an entry form by noon, August 19, and entries must be brought to the building on Monday August 23 from 9 a.m. to 11:30 p.m. Complete information on the Fair's 20 competitive departments is available by writing the Minnesota State Fair, St. Paul 55108, or calling 645-2781.

Felix de Savian is exhibiting his "Katachi" (Japanese meaning shape) at Artisans World, 2274 Como Avenue. This is the first time the unusual carvings of wood have been shown in the United States. Ebony, Australian myrtle, silver and bright beads create individual forms and suggest their own personality in the incidental happening that is "Katachi."

Stewart Peterson, chairman of the recent 4th of July celebration, hopes everyone had a good time and urges those who haven't yet made a contribution to please do so. Contributions can be mailed in or dropped off with Nick Mayer at the Como Mobile Station.

ARTISANS' WORLD

646-6707

Fourth of July Celebration Pictures on Display

New Hours: Monday 12 - 8 p.m.,
Tuesday - Friday 10 a.m. - 6 p.m.
Saturday 10 a.m. - 5 p.m.

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ST. ANTHONY PARK LUTHERAN

Sunday 8:45 & 11 a.m. Communion both services 1st
Sunday and 11 a.m. 3rd Sunday.

ST. ANTHONY PARK UNITED CHURCH OF CHRIST

Joint worship at 9:30 with United Methodist. Here in
July, there in August.

ST. ANTHONY PARK UNITED METHODIST

Joint worship at 9:30 with United Church of Christ.
There in July, here in August.

SUBSCRIBE! \$3.60/YEAR

Vacation for Mom!

By Elin Malmquist Skinner

Vacation—what does it mean?

For the woman who opts for both marriage and motherhood, a vacation often means the same routine in a different locale. Diapers are diapers: no matter what you do with them, they first have to be changed, even at 2 a.m. inside a tent. Toddlers toddle off docks, at the nearest lake or off Grandma's community wharf. And teenagers get bored and bicker, at home, or Yellowstone, or Disneyland.

At what point does mother get her own vacation? Here are two suggestions:

If mom is super-volunteer, the time has come to get her elected to a national board or commission, be it church, academic or civic. Ideal is one which meets twice a year, and views pre-paid expense vouchers as *modus operandi*. Now any squirreled-away grocery money can go to the essential new wardrobe. The meetings can provide a change of pace, new contacts, and the tiniest taste of jet-set life as mom splurges and buys a cocktail "to take the bottle home to Susie." It is a sort of high-heeled existence, reminiscent of her life before admittance to the maternity ward.

In dramatic contrast consider the woman who said, "Give me just 72 hours without the telephone, and I can love you all for the remainder of the summer." She only needs a grain of pioneer woman to pull off a vacation and come back alive.

Her strategy should include: informing other parent (or substitute) weeks in advance, and blocking out the volunteer calendar. She should hint to the children that she'll be leaving 24 hours before departure ("I cooked extra chicken for Wednesday").

The night before, she should gather four months unread

magazines, stationery and unanswered Christmas mail, a variety of books and a portable radio.

The day of the event, she should find a sleeping bag, folding chair, flashlight, pillow and other essentials and suggest someone carry them to van. At this point the children **should** be informed.

Once settled in a river-side camp site, certain things will come obvious which she **must** ignore. She is the only loner in the entire park. The music is exactly as at home—a different rock station coming from each side. A stray child is not her responsibility—there is no traffic and his mother will hear the splash.

Above all, she should enjoy herself. She can set her own schedule in every detail, and be free to change it with a nap, a swim, a walk, or staring into space. Should not one book be opened, no one will ever know. She might feel just a bit foolish bringing back all the magazines, so why not just skim and burn.

Several results can spring from this brief release. She might decide camping is better with the tribe. Or, this dose of solitude just might be the prescription for year of serenity.

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Positive Approaches to Selecting Alternative Living Arrangements for the Elderly

Experience in dealing with situations regarding the different health care facilities has led us to the conclusion that there is no central source of information. When you need this information you just don't have enough time to explore all of the possibilities as thoroughly as you should.

We are convinced that many people are not in the proper type facility, simply because they went to the first one available to them after a few hurried phone calls.

We decided to assemble as much information as possible and make it available—at no cost—to anyone interested. Our information includes:

- A list of all nursing homes, board and care homes, and retirement housing, complete with addresses and telephone numbers.
- A consumers' guide to nursing homes.
- Guidelines for obtaining public assistance.
- State regulations concerning the operation of nursing homes.
- A comprehensive booklet dealing with Medicare, all the restrictions and available benefits. Also the procedures used in making claims.
- A list of community programs to benefit senior citizens.
- A checklist to determine what type of facility is necessary.

We are happy to provide this information free of charge. Simply call us at 644-3557, or stop in at our office at 2190 Como Ave. Once again, there is absolutely no obligation.

KNUDSEN REALTY



Photographer Steve Rouch found something American in the face of Peter Del Greco, Chairman of the Bicentennial Committee in Chisholm, Mn. "He has that sparkle in his eyes that speaks of hard work and strong beliefs," noted Steve.

Chisholm's 18 days of solid bicentennial festivities featured such ambitious projects as the dedication of a 70 ft. high Iron Ore Miner statue to

commemorate the sacrifices of the people of the Iron Range; the dedication of the Bridge of Peace which will fly the flags of the nations of the world on the bridge entering Chisholm; the dedication of a four-ton taconite Pylon in answer to the inscription on the Statue of Liberty; a re-enactment of the Voyageur landing on Crane Lake; folk dancing at the 4 million dollar Interpretive Center.



Try a Bugle Want Ad at ten cents per work with \$1.00 minimum. Send your ad with check enclosed to: The Park Bugle, 2250 Como Avenue, St. Paul, Minn. 55108.

GUITAR LESSONS: Area location. 646-8278.

INTERESTED IN AVON: I will gladly take your Avon orders for this area. Please call and set up an appointment. Mrs. Joan Jensen, 2386 Bourne Ave., 645-4729.

WANTED: Native Park couple wants assistance in sharing Shaklee organic supplements with friends, new and old. Write Dyer and Anna Belle Ruggles, 320 20th Street North, Tuscaloosa, Alabama, 35401.

SWANEE THE CLOWN: Entertainment for every occasion. Balloon animals, make up demonstrations. Clown Acts Unlimited, 698-4101.

NEED A NEW ROOF? Shingling by experienced college student. Free estimates. References. Steve Skildum, 3419 Glen Arden Rd., 633-3338.

WANTED: Full-time or part-time housekeeper for elderly lady. Call evenings 646-0684.

SECRETARY / ADMINISTRATIVE ASSISTANT: Part-time job in 2-person office. Flexible hours, some evenings. Some bookkeeping, good typing, quick thinking. Ability to relate well to wide range of people. Midway location. Salary to \$355/mo. Apply to District 12 Council, 2380 Hampden, St. Paul, MN 55114.

FIREWOOD: Split, dry birch, order for fall delivery, \$75 a full cord. (218) 947-3862, Arthur R. Reuck, RR 1, Backus, MN 56435.

WANTED: Apartment, duplex or small house to rent by responsible married couple (M.D. and student). 646-6404.

LEFT AT GOODWILL Friday, June 11, Parcel by Dorothy. Please contact Felix. 646-2591.

PROFESSIONAL, mature person wants duplex, 2 bedrooms, attached garage. August. 644-4057.

BUS PERSON — DISHWASHER: Apply in person Mon.-Fri., All-American Kitchen, 2554 Como Ave.

CEMENT WORK: Walks, patios, driveways, general repair. Call 690-5347 anytime.

MOVING SALE: August 20, 9 a.m.-4 p.m. 2324 Carter Avenue.

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The Bugle needs an ad salesperson. It's a part-time job, 12 months a year. Interested parties should call 646-1191.

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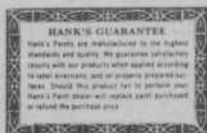
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The Park Bugle

July, 1976

BUGLE

The Shape of Things to Come



Dutch elm disease, the devastating effects it could have on St. Anthony Park, and its possible cures are presented on pages six and seven. Photo by Mary Walker Sjowall.